

HEEL FLAP:

Row 1: Slip the first stitch, as if to purl, then knit the next one. Repeat this sequence until you only have one stitch left on the needle. Knit that last stitch through the back loop. Turn your work so that the wrong side is facing you.

Row 2: Slip the first stitch as if to purl, then purl the rest of the stitches to the end of the heel flap stitches. Turn your work.

Repeat these two rows until you have the same number of rows as you have stitches across your heel flap. So if you have 32 stitches across your needle, you'd repeat this two row sequence a total of 16 times, resulting in 32 rows.

NOTE: By slipping the first stitch of each row, you'll create a nice edge that looks like chain stitch. You can count the chain stitch edge to determine how many times you've completed the 2 row sequence. After you've completed the heel flap, you should be ready to knit, with the right side facing you.

HEEL TURN:

Slip the first stitch purlwise, and knit to halfway across the heel flap needle. Then knit 2 more stitches.

SSK (slip, slip, knit), K1

Turn your work

Slip 1, P5, P2tog (purl 2 together), P1

Turn your work

** Slip 1, knit to one stitch before the gap

SSK, K1

Turn your work

Slip 1, Purl to one stitch before the gap

P2tog, P1

Turn your work.

Repeat from ** until you've worked all the stitches on the heel flap needle

Nice work! Have more chocolate and maybe even a celebratory adult beverage. You're ready to start the Gusset!